

Veterans of Foreign Wars Auxiliary

Department of Minnesota

March 2021 General Orders

Special Order Number 208 dated January 22, 2021- Upon recommendation of the Department President and by order of the National President and in accordance with the National Bylaws, Article II. Section 209, the Charter of VFW Auxiliary to Ponti-Peterson Post No. 1720, Grand Rapids, Minnesota, is hereby suspended for the period not to exceed (60) days-from January 22, 2021 to March 22, 2021.

Our sympathies are extended to the family of Linda Borreson who passed away on January 30, 2021. Linda was a Deputy Representative to the Minneapolis VA Medical Center. She will be missed by many.

Congratulations to our Voice of Democracy winner Erin Stoeckig, from District 1, sponsored by the Whitlock-Sonnenberg VFW Post 1215 and Auxiliary, Rochester. Good Luck at National.

Congratulations to Julia Stacey, Minnesota's Patriot's Pen winner. Julia is from District 6, Long Prairie VFW Post 1140 and Auxiliary, Long Prairie. Hoping for a win at National.

Cancellation of National President Visit-During this crazy year, we have another cancellation. For the safety of National President Sandi, our VFW and Auxiliary members, this event has been cancelled. If anyone was going to make a donation to her special project, Stars, Stripes and Support, you can still do it. Send to Department office earmarked National President project. We are hoping to send one big check from Minnesota.

Hospital needs lists were emailed to Line Officers, District Presidents and all members signed up to receive General Orders via email. Please share these with all VFW Auxiliaries in your district.

Year End Reports must be completed and sent to your District President by March 31st. Please be mindful of mailing time. The District Presidents have a deadline they need to meet also. We want every Auxiliary to report ALL that you have done and ALL donations to Veteran projects. Be proud of your hard work!

American Creative Patriotic Art Contest entries must be sent to your local VFW Post and Auxiliary by March 31, 2021. There is still time to contact a student and get an entry submitted. We have very creative youth in our communities. Any questions please contact Scholarship Chairman Caitlin Amundson.

Entries for our Get Excited for the Red, White and Blue and the Illustrating America contests must be received at your local Auxiliaries by March 31, 2021. Any questions please contact our Youth Activities Chairman Deann Reynolds-Merson.

Americanism contests for K-2 grades, color the American Flag picture and 3rd and 4th grades poster contest, "Ways to Show Patriotism" are due to your local auxiliary by March 31st. Please contact Americanism Chairman Pam Berends with any questions.

As we begin looking forward to Department Convention in June, we will be needing some helpers for the Registration and Credentials tables. Please consider helping out.

Efforts and Courage are not enough without Purpose and Direction.

Paige Amundson Department President Laurie Dale Department Secretary



Complete and return to District Secretary Veterans of Foreign Wars Auxiliary

Department of Minnesota

DISTRICT CONVENTION DELEGATES AND ALTERNATES

Auxiliary Secretary: Immediately following the election of District Delegates and Alternates, please complete and mail to the District Secretary. Delegates & Alternates shall be elected at a regular meeting of the Auxiliary no less than thirty (30) calendar days prior to the District Convention.

If a member registers as an alternate, they must vote as an alternate even though they are replacing a delegate. Elect one delegate and one alternate for every 15 members or fraction thereof in good standing as of the December 31 membership total.

AUXILIARY#	DISTRICT #		
AUXILIARY NAME & LOCATION		_	
DELEGATES	ALTERNATES		
1	1		
2	2		
3	3		
4	4		
5	5		
6	6		
7	7		
8	8		
9	9		
10	10		
11	11		
12	12		
13	13		
14	14		
15	15		
16	16		
17	17		
18	18		
19	19		
20	20		

21	21	
22	22	
23	23	
24	24	
25	25	
26	26	
27	27	
28	28	
29	29	
30	30	
31	31	
32	32	
33	33	
34	34	
35	35	
36	36	
37	37	
38	38	4
39	39	
40	40	
41	41	
42	42	
43	43	
44	44	
45	45	

DISTRICT SECRETARIES

Title	Name	Address	City State Zip	Telephone
District 1 Secretary	Tammy Shell	1029 Pine Grove	Lake City MN 55041	651-764-4018
	Paty Thrond	11413 720th Ave	Emmons MN 56029	507-318-9384
	Ann Krueger	PO Box 1023	Tracy MN 56175	507-629-3076
	Judy Mitchell	331 Quehl Ave N	Lakeland, MN 55043	651-436-7581
	Emily Hansen	1027 4th Avenue	Madison MN 56256	320-226-1920
	Corinne Bahe	621 Martin Avenue PO Box 217	Belgrade MN 56312	320-254-3306
	Marilyn Sheffield	7625 Scott Avenue N	Brooklyn Park MN 55443	763-566-6217
	Barbara Hemenway	10591 Oja Rd	Meadowlands MN 55765	218-263-7960
District 9 Secretary		PO Box 88	New York Mills MN 56567	218-639-1386

Youth Activities March 2021

As we are getting near the time to fill out our year-end reports. I want to make sure that you do fill them out and get them to your auxiliary president, who will send them to the District President. Don't forget to fill out the Youth Activities Award #1 and send directly to me by March 31st. You can find the award application on the Dept. of MN Auxiliary website or National website under Youth Activities.

Get Excited for the Red, White and Blue Contest:

Deadlines: Local entries to Auxiliaries by March 15th, Local winners to District Chairman by March 31st, District Judging completed by April 10th, District Winners to Department Chairman by April 15th.

Illustrating America Contest:

Deadlines: Local entries to Auxiliaries by March 15th, Local winners to District Chairman by March 31st, District Judging completed by April 10th, District Winners to Department Chairman by April 15th,

** If we have any applications that come in on or before 3/31/2021, after the above deadline for either contest please direct them right to me and I will add them to the Department judging as Nationals deadline is 3/31, so we will still honor those applications regardless.

Remember to donate a book in honor of National President Sandi Onstwedder to your local or Public-School Library. Make sure you send me a picture of you donating so I can send them too National.

Remember to award Youth Groups Supporting Our Veterans: Youth Group Supporting Our Veterans Citations are FREE from National Headquarters. These citations are a great way to recognize and honor the hardworking youth of the community and of the Auxiliary.

Deann Reynolds-Merson, Youth Activities Chairman

16937 – 100th Ave. Milaca, MN 56353 deann_reynolds@yahoo.com 320-217-9785

DISTRICT DELEGATE FORM INCLUDED IN THIS MAILING

- Delegates and Alternates to Districts shall be elected at a regular meeting of the Auxiliary held not less than thirty (30) calendar days prior to the District Convention
- One (1) Delegate AND one (1) Alternate for each fifteen (15) members or fraction thereof in good standing in the Auxiliary based on December 31 Membership Statistics
- The Auxiliary Secretary shall send the names of the Delegates and Alternates to the DISTRICT SECRETARY prior to the District Convention
- Delegates and Alternates are elected for one (1) year from the dates of election, until the election of the new Delegates and Alternates

Veterans and Family Support - March 2021

MARCHing orders: As you prepare the year-end report for the Veterans & Family Support program, if you cannot answer yes to at least one question, your Auxiliary has work to do quickly before March 31st to participate in this important program! If you need assistance or have questions, please email goldieauxvfw@gmail.com or call or text me at 507-327-8177. Every Auxiliary should be able to answer yes to at least one question on the year-end report!

More than 50% of people with a mental health condition are not receiving treatment. You can help.

VFW's Mental Wellness Campaign – Awareness, Support and Intervention for Veterans: "The purpose of the project is to educate VFW and VFW Auxiliary members, veterans and communities about the important topic of mental health and wellness, and offer proven tools to intervene on behalf of veterans in crisis. ... Veterans report that their mental health issues are very similar to those in the civilian population, which commonly relate to interpersonal relationships and economic concerns. One of the most common claimed conditions for clients who seek assistance from VFW service officers is a mental health condition. VA reports that as many as 20 veterans choose to end their lives every day. But contrary to popular belief, most veterans who attempt suicide are older or have not deployed to a combat area. The VFW's community posture has historically provided a safe space for veterans to offer one another peer-to-peer support."

- Veterans Crisis Line 1-800-273-TALK (8255), Press 1 or chat online at <u>www.veteranscrisisline.net</u> or send a text message to 838255
- Give an Hour providers www.giveanhour.org Click on "Search for a Provider" 1-800-622-HELP (4357)
- Substance Abuse & Mental Health Services Administration (SAMHSA) www.samhsa.gov
- Patients Like Me online network www.patientslikeme.com
- PTSD Coach Online Apps www.ptsd.va.gov/PTSD/apps/ptsdcoachonline
- VA Vet Center Program www.vetcenter.va.gov/
- Campaign to Change Direction https://www.changedirection.org/
- Hidden Heroes supporting military & veteran caregivers https://hiddenheroes.org/

Know the 5 signs of emotional suffering: Personality Change, Agitation, Withdrawal, Poor Self Care, and Helplessness. "If you recognize that someone in your life is suffering, CONNECT, REACH OUT, INSPIRE HOPE, and OFFER HELP!" #changedirection #mentalhealth #bethere

Information quoted above is from the VFW's Mental Wellness Campign Brochure, available online.

Questions? Need materials? Ask Chairman Goldie Bosard goldieauxvfw@gmail.com 507-327-8177

ROSTER CHANGES/CORRECTIONS

District 3

Auxiliary #742-Marshall: Meeting Time Changed to 4:30 p.m.

District 7

 Auxiliary #323-Stillwater: Change in Location of Meeting: Craig's Garage, 569 N 9th St, Bayport MN (until further notice)

AMERICANISM March 2021

It is hard to believe that it is time to start thinking about the Year-End reports. The year 2020 was a very challenging year but I know you promoted Patriotism one way or another. Be creative with your reporting, think outside of the box.

Information for the Spring Contests:

K-2nd grade: Color the American Flag.

(picture will be provided).

The picture is on the MN VFW Auxiliary website and can be downloaded, along with the entry form and instructions.

3rd-4th grade: Poster Contest (no larger than 11x14).

Theme: "Ways to Show Patriotism"

Students can use pencil, crayon or marker to draw and color different ways to show patriotism.

Deadlines: Due to Auxiliary Chairman-March 31st

*The Auxiliary Chairman will forward the top 4 to their District Chairman by April 15th.

*The District Chairman will forward all the entries to the Department Chairman by May 15th.

The District Chairman do not do any judging, just collect the entries from their District and forward them to the Department Americanism Chairman.

The entry form, instructions and coloring picture can be found on https://vfwauxmn.org under Americanism.

I will be giving certificates, a monetary award, some Americanism goodies and something I have made for each winner. Hopefully, I can present the awards to the District Presidents at the June Convention but as we all know that is subject to change.

In my last bulletin, I made an error on my 5th Grade Essay winner's list. Aux 3289-New York Mills is in District 9 not in District 8 as listed. I apologize for the error.

Important Dates in History

March 29 is National Vietnam War Veterans Day. This day marks the day when combat forces departed South Vietnam during the longest conflict in U.S. history.

As always, please contact me with any questions, concerns or ideas.

Doing "OWL" We Can for Our Veterans

Pam Berends
Department Americanism Chairman
4050 75th Avenue SW
Montevideo, MN 56265
320-226-8940
piberends73@gmail.com

CHIEF OF STAFF & EXTENSION PROGRAM March, 2021

March Meeting and Year-End Reports. Review bulletins, program books and your own standing rules to make certain all obligations are paid, projects are completed, and you are in possession of the information necessary to complete year end reports. Be thorough in reporting. You deserve credit for accomplishments and contributions made over the past year.

What's in YOUR 2020-2021 Tool kit? Now is a good time to review and mentor those that may seek office in the future. VFW Auxiliary Sample Meeting Agenda: This quick reference helps keep track of motions, donations, information needed for year-end reports. Auxiliary Meeting Checklist: A reference to help the President be prepared for a meeting. Healthy Communication Phone/Text Tree: By using this resource efficiently the Auxiliary should no longer see problems with communication again. Auxiliary Meeting Challenges & Solutions: This provides a list of common reasons members may not be attending meetings and solutions to try. Auxiliary Member Questionnaire (National and Department): A great way to allow members to express their thoughts. Flexible for circulation: may be mailed, distribute at meeting or social event, or send via email. R U Healthy Checklist: A tool to help stay on track with the need-to-dos and deadlines. It's never too late to develop an Auxiliary tool kit.

<u>Election of Officers</u>. April will be here before we know it. Have you already started thinking about who will be volunteering to serve the Auxiliary in the new program year? National Bylaws Sec. 804 A— Election - **Auxiliary** state: Nominating committees shall be permitted. * No member shall be elected to office unless the member is in attendance at the election * Unless they submit in writing their willingness to be elected and hold office.

Is your Auxiliary struggling? This time of year can be a challenge with year-end reports and election of officers. If your Auxiliary is struggling, don't wait! Contact your District President or Deputy Chief of Staff immediately so they may provide assistance. You may also reach out to the Department Office staff in which they will help or pass on your concerns to someone to contact you.

Jane R. Ziebarth, Department Chief of Staff/Extension Program

Phone: 763-389-2786 Email: jrziebarth@gmail.com

Historian - March 2021

. It seems like winter came & spring is taking forever to get here. Hopefully, we will have better weather and no cancelled meetings. I am expecting to have great year end reports from all of my historians I know you have been busy; I've seen a lot of auxiliary Facebook sites. Thank you for sharing its always amazing to me to see how much you all do and document. I'm going to give you a few hints to help you take better photos:

- 1. Make sure that you have a good background, so nothing distracts from what you're shooting.
- 2. Pay attention to where the sun is or the best light in a room and how to use it to your advantage.
- 3. Always take a few shoots of the same subject so you can pick the best one without anyone's eyes closed or red. Watch for hair in the face or someone not being shown well in the picture.
- 4. Remember when sending photos to me or any chairman, use the who, what, where, why and write.

So, let us work hard and have fun taking photos, gathering newspaper clippings and posting to social media, so we can brag about all we do. Thank you for all the new Historians this year and learning as I have learned going through this year.

Dave Scofield, MN Department Historian\Media Relations Chairman
279th St., Litchfield MN 55355

Dave.Scofield@outlook.com (320) 894-4246

Hospital Program - March 2021

Winter has arrived in Minnesota. As I write this we are in the deep freeze. I know we all are ready for it to go away. By the time you have your meeting in March we will probably have a foot or two of snow! This bulletin is mostly to remind you about what we have done in the last few months and to remind you that NOW is important too. You must report all that you have accomplished!! You've done the work, now get the credit.

<u>Green Shower:</u> Thank You! I cannot say it enough. Thank you to all of the Auxiliaries that sent in check for the Green Shower. Your generosity overwhelms me. What a wonderful world we live in when so many help our Veterans.

<u>Reminder</u>: National Salute to Veteran's National Award Citation to every Auxiliary that sends or hand delivers valentines to veteran patients. You must apply for it. A form (required) is available at vfwauxiliary.org/resources. Auxiliaries must send the entry form to their Department Hospital Chairman by March 31, 2021.

<u>Year-end Reports:</u> Here it is this is where you must finish your work and do the reporting. You have done the hard work and deserve to get the praise and recognition for what you have done.

<u>Needs Lists:</u> There was an Email-blast sent out with the needs of some of the VA Hospitals and Homes. Check it out. You can always check with the facilities to see what they need and what they do not want at this time. Please remember, our work never really ends, we just move on into the next year and kept working for our Veterans. We must never forget them and what they have done for us. Thank you for your support of America's Heroes!

Sue Wiersgalla, PO BOX 303 Browerville, MN 56438 320-766-9758 sew303@embargmail.com

MENTORING FOR LEADERSHIP - MARCH 2021

Focus this month I on completing our year-end reports. Minnesota wants to be 1005 REPORTING AND 100% PARTICIPATING FOR EERY PROGRAM AND IN ORDER TO DO THAT auxiliaries must fill out every year-end report for every program and have at least one donation or project entered.

There are 5 questions on Mentoring for Leadership Year-end Report. Here are some things to remember and consider when filling out this program report:

Question #1: I imagine that most members present at your meetings and working on your programs have been mentors to your auxiliary – both returning members and more recent members who have been helpful. Take a count!

Question #2: All auxiliaries have been asked for several years to work on promoting a team for mentoring and I know that it could be informally or just individuals working to provide assistance within the organization.

Question #3: Mentoring at the VFW Auxiliary – Relationship Building for the Future materials were handed out at fall Conference to all attendees as well as copies of several other tools to use, such as the acronyms and Terminology documents, for example. IF you were there, you were part of a training session also and received material available from Dept. Chairman Sonia.

Question #4: Many resources were provided to District Chairmen for Schools of Instruction at District Meetings where they shared many more tools that came from our National website and Dept. Chr. And National Ambassador Erin. Did you read monthly Department Bulletins at meetings, discuss them, listen to Facebook Live on Wednesdays, etc.

Question #5: Describe how mentoring is working in your auxiliary.

Lastly, remember to fill out the Promotions Forms No. 1 for most outstanding use of a mentoring activity during an auxiliary meeting and also Award No. 1 for outstanding new mentor. These two are available on National website and are due to Sonia by March 31.

Sonia Tatge, Mentoring for Leadership Chair
322 Trondheim Rd., Kenyon, MN 55946 507-789-5329 <u>statge@frontiernet.net</u>

Legislative March 2021

Well, here we are in March! Hoping all have developed a teaching strategy on how Legislation works, looking forward to receiving many new ideas and trying to judge the best! You still have time, there is the last of Feruary and two weeks in March! Be sure to attach to your year-end report anything you have done for the Legislative program. Fill out reports completely, do not leave anything blank.

Locally for the State of Minnesota, I have received the following information concerning the **Veterans Restorative Justice Act. (SF 116)** The Senate has passed on to the Judiciary Committee on their side. If there are any stumbling blocks this is likely where they will occur.

On the House side, the **Veterans Restorative Justice Act, (HR 478)** will be carried to the floor by Sandra Feist, 41 B MN House.

Rob Eklund is in consultation with an attorney which is Sandra Feist to help with judicial issues on the House issues of the bill.

The above information was received from Rob Eklund, (DFL) District: 03A, Chair for Labor, Industry, Veterans and Military Affairs Finance and Policy Agricultural Finance and Policy.

Senator Limmer is the Chair of the Senate Judiciary Committee, please contact him and urge him to expedite and schedule a hearing for the Veterans Restorative Justice Act. This very worthy bill which helps Veterans that have become involved in the criminal justice system to take responsibility for their problems. This program also helps with other programs that helps the Veterans and their families, jobs, health care, medications, addiction issue, homeless issue, arranging for much needed treatment for Veterans and families if needed. Mentors are assigned to the Veteran for additional support. These Mentors are also Veterans. This bill will also save the Minnesota taxpayers money and this bill will ensure that the Veteran is taken care of by the VA and reducing time spent in jail. Please share to help this bill pass. Remember to be concise and polite, remember who we represent.

Senator Limmer contact information is on the following website which you need to use.

Website: https://www.senate.mn/members/member bio.htlm?mem id=1032

Telephone 1-651-296-2159 and leave a message. There will be an attachment of a sample letter for an idea of what to write to Senator Limmer.

The 2021 VFW Priority Goals were published last month, you can obtain a copy by going to the National VFWA website and read Carmalita Jones Blog #4 at the end is the information to obtain the 2021 goals and a wealth of information on National Legislative issues. Please download and print the Goals and share to assist our Veterans! We are the Voices for our Veterans. Remain strong for them.

Be safe and healthy and looking forward to when we can be together again!

Julie Stoehr 2020-2021 Department of MN VFWA Legislative Chair 218-780-4480

3300 Breezy Point Road Tower, MN 55790

Senator Limmer,

As a Veteran myself I am contacting you to encourage you to fully support and expedite the passage of SF 116, the Veterans Restorative Justice Act. Passage of this significant bill is essential not only to the Veteran who it be impacted by it but his or her family, their communities and the residents of the State of Minnesota as well.

Our fellow Brothers and Sisters who have placed themselves in harms way for their Country and now suffer the consequences of their service to our Nation that have found themselves struggling in life deserve nothing less then to be given the tools and opportunity to get their lives back and the ability to once again stand as tall and proud as they once did.

Passage of SF 116 does this for them Senator, please don't let them down. They were there for us, lets all be there for them.

I am,

Robert E Stoehr, Minnesota Department of the Veterans of Foreign Wars District 8 Commander

SCHOLARSHIPS March 2021

For anyone that may not have heard them, I would like to start off by recognizing our winners for the Voice of Democracy and Patriot's Pen for Minnesota. As with the rest of the past year, the awards presentation was done differently this year. On Friday, January 15th the winners were announced through a Zoom conference call.

The VOD winners are as follows:

District 1 - Erin Stoeckig sponsored by Whitlock-Sonnenberg VFW Post 1215 and Auxiliary, Rochester

District 2 – Taylor Radaich sponsored by Oscar & John Soberg VFW Post 210 and Auxiliary, Lakeville

District 3 – Elizabeth Nemitz sponsored by Clark-Hanson VFW Post 117 and Auxiliary, Canby

District 4 - George Lieberherr sponsored by Keep-Zimmer VFW Post 1782 and Auxiliary, White Bear Lake

District 5 – Chantal Emery sponsored by Strand-Saboe VFW post 5247 and Auxiliary, Dawson

District 6 – Emma Bast sponsored Princeton VFW Post 806 and Auxiliary, Princeton

District 7 – Julianna Kunz sponsored by A.R. Patterson VFW Post 7, Hugo

District 8 - Brennan Muhich sponsored by Mesaba Range VFW Post 1172 and Auxiliary, Eveleth

District 9 – Talon Hilligas sponsored by Roseau VFW Post 8663, Roseau.

And the winner for the Department of Minnesota is DISTRICT 1! Congrats to Erin and District 1!

The PP winners are as follows:

1st place – District 6, Julianna Stacey sponsored by Long Prairie VFW Post 1140 and Auxiliary, Long Prairie

2nd place – District 7, Aiden Cain sponsored by Sgt. John Rice VFW Post 6316 and Auxiliary, Blaine

3rd place – District 4, Valerie Moen sponsored by Keep-Zimmer VFW Post 1782 and Auxiliary, White Bear Lake

Congrats to Julianna and District 6!

Did you read National Scholarships Ambassador Frankie Bill's February blog? She talks about the Young American Creative Patriotic Art Contest, the last scholarships opportunity for this year. The March 31st deadline is fast approaching for submissions to your local VFW Auxiliary. Local auxiliaries need to have a district winner sent to me by April 15th to be eligible. PLEASE MAKE SURE TO SEND YOUR DISTRICT WINNER TO MY ADDRESS LISTED BELOW!! Do not send your submissions to the Department Office! Submissions can be 2-dimensional or 3-dimensional art. More specific details can be found on the contest's application, your local or district scholarships chairman, or me!

Caitlin Amundson, Department Scholarships Chairman

210 1st Ave S Wheaton MN 56296

Phone: 320.815.0870 Email: caitlin.amundson.91@gmail.com

VFW Solicitation Grant Program Formerly Guaranteed Program

Once again, we have been fortunate to receive monies from the National VFW Organization through the Solicitation Grant Program. The promotion of this program to our members this year is critical as the program is showing a serious deficit and I am concerned if we do not see movement in the right direction, the VFW will no longer be able to continue the program at the current level.

We need every VFW Auxiliary member to respond as generously as possible to our Department Mailings. As members we must take action today! Our responsibility means caring enough to take action and stand beside our Department. Together we stand strong for our heroes and their families in our state!

Our Department relies a great deal on the monies granted to us through this program in order to sustain the budget for the Department of Minnesota; in fact 20% of our Department Budget comes from these funds. A twenty percent loss of income for us would be devastating. Many things would not be possible without these funds.

We are including the Mailing Preference Request Form so you can adjust how many mailings you receive and the Partners In Patriotism form for giving monthly. Every bit you contribute helps us here in Minnesota, even if you give once during the year, you are making a difference!

Please consider giving at least once throughout the year when you receive a mailing. We thank you for your support of the Department of Minnesota! If you have any questions regarding the Solicitation Grant Program, please feel free to contact our office at 651-291-1759 or email us at treasurer@vfwamn.org.

Laurie A. Dale, Treasurer
Dept of Minnesota VFW Auxiliary

A GIFT OF ANY SIZE CAN MAKE A DIFFERENCE. THANK YOU FOR YOUR SUPPORT.







GIVE MONTHLY TO HELP OUR HEROES

Partners in Patriotism is a win-win monthly giving option to make things more convenient for you ... and allow us to do the best job we possibly can for America's sons and daughters.

Partners in Patriotism is the most effective way to help our proud veterans, service members and their families. When you sign up, you support life-changing programs every month of the year. *It's a great way to show you care!*

Partners in Patriotism:

DATE

- Keeps administrative costs down so more money goes to programs.
- Allows for better budget planning and program funding to help more veterans, service members and their families.
- Cuts down the amount of mail you receive. You will only receive the VFW Supporter Quarterly newsletters.

Sign Up Today!

_)___ _ PHONE # (____ NAME _ EMAIL ADDRESS _ ____ STATE ____ZIP ___ CHOOSE HOW YOU DONATE Option 2: Checking Account Deduction Option 1: Credit Card ☐ Visa Please send us a voided check along with the completed ☐ Discover ☐ American Express information below and return it to: VFW National Headquarters ACCOUNT NUMBER 406 West 34th Street, Suite 718 Kansas City, MO 64111 EXP. DATE Amount to be charged: \$ _____ Amount to be charged: \$ ___ monthly monthly quarterly quarterly annually annually Minimum amount is \$10.00, processed on/or around the · Minimum amount is \$10.00, processed on/or around 20th of the month. the 20th of the month. SIGNATURE SIGNATURE

Return this form to VFW National Headquarters, 406 West 34th Street, Suite 718, Kansas City, MO 64111 or fax to (816) 968-1129. Questions? Please call Donor Services toll-free at 833-VFW-GIVE (833-839-4483), or email vfwfundraising@vfw.org. *Thank you!*

DATE

NO ONE DOES MORE FOR VETERANS.



Mailing Preference Request Form



PHONE NUM	BER ()	EN	MAIL		
ADDRESS		CITY	STATEZIP		
NAME		POST	MEMBER#		
	or email vfwfundr	aising@vfw.o	org. Thank you!		
Quest			at 833-VFW-GIVE (833-839-448	3)	
	406 West 34th Street, s or fax t	suite 718, Kai 30 (816) 968-1			
	Complete and return this				
	☐ 4. I want to receive th This mailing will no		rterly Newsletter only. ny gifts.		
	☐ 3. I want to receive th Annual Newslette Calendar, Christma	r , which will			
	gifts.	2 mailings pe	er year, and will include		
	☐ 1. I want to continue to Regular mailings in		l regular mailings. hroughout the year.		
	There are several options to control the number of mailings you receive. Please choose only one option below and fill out the bottom portion of this form.				

NO ONE DOES MORE FOR VETERANS.